

Dear

Last night you asked me a question and I'm not sure in the time we had that I gave you an adequate answer.

Assuming that you are still interested in understanding what is going on, allow me to write it out for your benefit and for mine. If this answer is not what you had in mind just dump it.

Let me start by saying that in Gods eyes we are all magnificent. Those that can see with Gods eyes are aware of that. Those that can't yet see are not so sure. The key word above is "yet". Eventually we will all get it. It will all happen in an instant although in our measure of time an instant could be today, tomorrow, or many lifetimes. It all depends on when we are ready. Meanwhile we look for teachers. The most effective teachers are the people we bond to in relationships. The relationship is the arena where we can spiritually grow if we have a mind to. It can show us exactly where we are in our spiritual accent at every moment. All we need do is look and feel. We are either in a state of fear or a state of love.

Unfortunately, in this world we are taught fear from the start. It is up to us, as adults, to make the choice to move from fear to love. It is a lifelong commitment and the first decision is to move into consciousness. What does this mean? It means to look at each moment in our lives as snapshots. In this snapshot am I making choices for love or fear? What is my true intent? Am I just reacting out of fear or am I making a conscious decision to be loving? If I acted out of fear how could I do it out of love? And so on. Notice that there is no one in this equation but you. It has nothing, and I mean nothing, to do with the actions, words, behavior of someone else. When we dwell on someone else's behavior we are using blame and denial to avoid looking at our own issues. It is much easier to stay unconscious about ourselves when we preoccupy ourselves with the behavior of others. When we react to their behavior we have admittedly given up our own power and we elect to take on the role of victim. This victim role is what our fear based ego minds use to stay unconscious.

When someone else is in a victim mode and is using blame and denial to remain unconscious, what should our loving response be? Let me give you some that I can think of:

1) If they insist on their victim role the most loving thing is to accept where they are. To make this a win/win for all you may wish to leave this relationship to both honor where you are and where they are.

2) You can also elect to see past their victim facade to the magnificence of who they truly are. This serves the both of you: it helps to remind them of what they must have forgotten; it helps put you in touch with your magnificence. Staying or leaving is still part of this win/win choice.

3) You can use the opportunity for your own learning and see how it looks and feels to be a victim. This person can be a great teacher for you.

In the relationship seminar that we had, we came to realize that relationships can be a short cut to one's spiritual evolution. The key is the choice to remain conscious. The perfect relationship is when the two of you elect to be on the same growth path, then you have a supporter in your growth and you can support the growth of your partner. That is heaven. Whenever fear is encountered we make the decision to replace it with love.

This started out to be a letter to you but I realize that it is a letter to everyone including myself.

Written in love, Namaste.

Al